Preface

Abdominoplasty: State-of-the-Art

Alan Matarasso, MD, FACS

James E. Zins, MD, FACS

Editors

While journal articles are instructive, they may often give the reader a single surgeon's perspective. Furthermore, the article may or may not compare and contrast the author's results with the previous plastic surgery literature. Continuing Medical Education (CME) articles may address a topic of clinical importance in its entirety but often lack sufficient detail due to journal space constraints.

This *Clinics in Plastic Surgery* issue is different. The purpose of this issue is to cover a range of treatment options and describe them in sufficient detail to allow the practicing plastic surgeon to incorporate the given procedure seamlessly into his or her practice.

Aesthetic improvement in the appearance of the abdomen has always been a priority of patients and indeed is often the cornerstone of the body-contouring procedure. Statistics compiled regarding surgery and nonsurgical treatments attest to the public's unabated concerns. This issue of 9 articles is designed to address the current state-of-the-art in abdominoplasty surgery and related abdominal contouring options. Plastic surgery has evolved from the traditional dermolipectomy with sheet-to-sheet dissection and the associated harmful effects to blood supply and the ensuing high complication rate, to a more nuanced approach: reduced extent of flap dissection based on blood supply anatomy, the option of quilting sutures, the inclusion of ancillary procedures when indicated, and even the introduction of new minimally invasive technologies.

The strength of the multiauthored publication is in the quality of the contributors. We are fortunate that all of our first-choice authors accepted our invitation and provided articles in a timely manner. Each article is written by an authority who details his or her technique in exquisite detail. The discussions compare and contrast the authors' surgical results with the previous literature. The articles are well illustrated, and the results are uniformly outstanding.

The issue is appropriate for both the less experienced and the most experienced plastic surgeons. Both will take important lessons away from the reading.

When read cover to cover, this issue addresses the gamut of important aspects of this topic, and the reader will have acquired an in-depth understanding of the current state of abdominal body-contouring surgery.

Alan Matarasso, MD, FACS
Hofstra University/
Northwell School of Medicine
1009 Park Avenue
New York, NY 10028, USA

James E. Zins, MD, FACS
Department of Plastic Surgery
Cleveland Clinic
Cleveland Clinic Lerner College
of Medicine
9500 Euclid Avenue, A60
Cleveland, OH 44195, USA

E-mail addresses:
amatarasso@drmatarasso.com (A. Matarasso)
zinsj@ccf.org (J.E. Zins)